



# XTREME SILVER YOUTH WRESTLING PROGRAM

Sponsored by the Byron Park District, this youth wrestling program is staffed and organized by the Byron Wrestling Association, Inc. Wrestling not only increases strength, endurance, and flexibility, but promotes sportsmanship as well as individual and team accomplishments. Sessions focus on instruction of the basic skills of wrestling with emphasis on having fun while performing drills and techniques! This program will consist of 15 one-hour practice sessions and a dual wrestling meet at the conclusion of the program. Participants will also be provided with local Open Tournament information for March and April as an option on their own if they choose to partake.

**WHO:** Preschool thru 3rd Graders *(must be 4 yrs. old by Dec. 31st)*

**DAYS:** Monday & Wednesday

**DATES:** 1/2/12 - 2/22/12

*\* Days & Times may be adjusted to accommodate school events*

**TIME:** 5:30 - 6:30 p.m.

**LOCATION:** Byron High School Wrestling Room

**SESSION FEE:** \$75 Residents \$80 Nonresidents *(includes shirt)*

*\* Silver Competitive Option: Those wishing to compete in sanctioned tournaments held from December to March must purchase a USA Competitor Card for \$40. Payable to Byron Wrestling Boosters.*

**COORDINATOR:** Chad Wilmarth

211430-B1

**XTREME SILVER YOUTH WRESTLING PROGRAM**

*\$75 res. / \$80 nonres.*

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Primary Guardian: \_\_\_\_\_ Home Phone: \_\_\_\_\_

E-Mail : \_\_\_\_\_ Emergency Name/Phone: \_\_\_\_\_

Shirt Size: YXS YS YM YL AS AM AL AXL A2X A3X **OFFICE USE:** \_\_\_\_\_

**RELEASE OF LIABILITY STATEMENT**

In consideration of my child being allowed to enroll in this program, I hereby personally assume all risks in connection with this activity, and I release the instructors, supervisors, owners, the Byron Park District, and the Byron Wrestling Association for any injury or damage and further I save and hold harmless the instructors, supervisors, owners, the Byron Park District, and the Byron Wrestling Association from any claim by me, my family, estate, heirs, or assigns, arising out of my enrollment and participation. I understand that on occasion, the Park District staff may take photos of participants enrolled in Park District programs. I am aware that these photos are for Park District use only and may be used within future marketing tools (ie. brochures, fliers, website). I have read and fully understand the above program details and waiver release of all claims.

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_