



Spring Diving Clinic

This spring diving clinic introduces individuals to the sport of springboard diving. Divers will learn the correct diving approach and the five basic dive positions (forward, backward, inward, reverse, and twist) in a fun non-competitive atmosphere. 4 week class. **Min/Max: 4/10**

Prerequisite: Ability to perform a regular forward dive off the diving board and swim to the side of pool unassisted.

WHO: Individuals, 8 - 12 years old
CODE: 310330-B1



DAY	DATES	TIME	FEE
Sundays	April 15th - May 6th	3 - 4 pm	\$40/\$50

INSTRUCTOR: Garry Cacciapaglia, High School Diving Coach (13+ yrs); 2008 IHSA Diving coach of the year.

REGISTRATION DEADLINE: Monday April 2nd, 2012

\$40/\$50 SPRING 2012 DIVING CLINIC

Name: _____ Birthdate: _____

Address: _____

City, State, Zip: _____ Phone: _____

RELEASE OF LIABILITY STATEMENT

In consideration of me (or my child/ward) being allowed to enroll in this course(s), I hereby personally assume all risks in connection with this activity and I release the instructors, supervisors, owners and the Byron Park District for any injury or damage and further I save and hold harmless the instructors, supervisors, owners and the Byron Park District from any claim by me, my family, estate, heirs, or assigns, arising out of my enrollment and participation. I have read and fully understand the above program details and waiver release of all claims.

Signature of Parent or Guardian Date _____

BYRON PARK DISTRICT PO BOX 423 BYRON, IL 61010 815-234-8435



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