

Byron First of 2009 Swim Meet
Hosted by: Byron Tiger Sharks
January 17th -18th, 2009

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
Sanction Number: ILS09-0106

MEET DIRECTOR

Amy Kurth
5834 Tate Rd.
Rockford, IL 61101
(815)988-6399
Kurth4x2@yahoo.com

ENTRY CHAIRPERSON

Amy Kurth
5834 Tate Rd.
Rockford, IL 61101
(815)988-6399
Kurth4x2@yahoo.com

SAFETY CHAIRPERSON

Roger Kohlmeier

MEET REFEREE

Jim Williams

MEET SCHEDULE:

Saturday & Sunday AM
January 17th & 18th
Sessions 1 & 3

Warm Ups: 7:00am
Meet begins 8:00am
Positive check in closes: 20 minutes after warm ups begin

Saturday & Sunday PM
January 17th & 18th
Sessions 2 & 4

Warm ups: Not before 11:30am
Meet begins: 1 hour after warm ups begin
Positive check in closes: 20 minutes after warm ups begin

LOCATION: Byron High School Swimming Pool
696 N. Colfax
Byron, IL 61010

FACILITY: The pool is a six-lane, 25 yard pool, ranging in depth from 4 – 12 feet with starting blocks at the 4 foot end. The pool is equipped with non-turbulent Competitor lanes, backstroke flags, and a fully automatic Daktronics timing system with touch pads. Seating is available in the pool balcony.

RULES: All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. FINA starting procedures and rules (whistle commands, no recall) will be followed.

ELIGIBILITY: Only USA Swimming registered swimmers are eligible. A swimmer's age as of *date of the first day of competition* will determine their age for the meet. Entries listed "registration applied for" will not be accepted. USA swimming registration forms may be obtained from Illinois Swimming, 3166 S. River Road, Suite 30, Des Plaines, IL 60018. Phone 874-824-1596 Fax 874-824-1726..

USA SWIMMING MEMBERSHIP: Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

COACHES: All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

ENTRIES: All entries will comply with current USA Swimming and ISI Rules and Regulations. Current registration number, age, first name, middle initial, and last name must appear on all entry blanks.
Individuals are limited to four (4) events per day, not including relays. Relay swimmers must be entered in at least one individual event.

ENTRY DEADLINE: Entries will not be accepted before December 13, 2008 at 8:00am or after 6:00pm January 5, 2009. No fax or hand delivered entries will be accepted. Computer entries may be made using Hy-Tek Team manager. All entries must be accompanied by a hard copy print out of your entry data file. A signed Summary Fee/Release Form provided in this packet and payment in full must accompany all entries.

MAKE CHECKS PAYABLE TO: Byron Park District
PO Box 423
Byron, IL 61010

E-mail Entries to: Kurth4x2@yahoo.com

ENTRY FEES: \$3.00 per individual event
\$7.00 per relay
\$2.00 swimmer surcharge – Illinois Swimming

ENTRY LIMITATIONS: Deck entries will not be permitted. The host team reserves the right to swim additional heats if time allows.

ENTRY VERIFICATION: Meet host will accept no responsibility for transmission errors of faxed or e-mailed entries. It will remain up to the sender to verify receipt of entries.

EVENTS: In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

POSITIVE CHECK-IN: Positive check-in will close ½ hour after warm-ups begin. Late entries will only be able to swim if there are open lanes in slower heats. A bullpen will be available for 8 & under swimmers.

SEEDING: Submit swimmer's best time to assure proper seeding. Swimmers will be seeded from slowest to fastest.

AWARDS: Individual event awards for 1st -12th (Rosettes 7th -12th; Medals 1st -6th).
Relay awards from 1st-3rd.

ADMISSIONS: \$3.00/person

HEAT/PSYCH SHEETS: \$6.00 for all sessions

CONCESSIONS: Food and beverages will be available for sale. There is absolutely no smoking allowed on school grounds or in the buildings.

MEET RESULTS: One copy of printed meet results in required form will be sent to each team. Individual copies may be ordered at the time of the meet at a cost of \$10.00

CONTROLLED MEET WARM-UP and SAFETY GUIDELINES

To be posted at all ISI Sanction/Approved competitions

A. WARM-UP PROCEDURES

1. General Warm-up (first 30-45 minutes)

- a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
- b. No sprinting or pace work allowed during this general warm-up session.
- c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.

2. Specific Warm-up (last 30-45 minutes)

- a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only.
NO DIVING.
- b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
- c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
- d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	1 & 6	2 & 5	3 & 4
8 LANE	1 & 8	2 & 7	3, 4, 5, 6
10 LANE	1 & 10	2 & 9	3, 4, 5, 6, 7, 8

B.

SAFETY GUIDELINES

1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

- a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

Byron First of 2009 Swim Meet
Jan. 17-18, 2009
Order of Events

Saturday Morning – 1

Girls	EVENT	Boys
1	12-14 400 IM	2
3	Open 400 IM	4
5	13 & 14 100 Free	6
7	Open 100 Free	8
9	13 & 14 100 Fly	10
11	Open 100 Fly	12
13	13 & 14 200 Breast	14
15	Open 200 Breast	16
17	13 & 14 200 Back	18
19	Open 200 Back	20
21	13 & 14 200 Free	22
23	Open 200 Free	24
25	13 & 14 400 Medley Relay	26
27	Open 400 Medley Relay	28

Saturday Afternoon – Session 2

Girls	EVENT	Boys
29	10 & U 200 IM	30
31	11 & 12 200 IM	32
33	8 & U 100IM	34
35	10 & U 100 Fly	36
37	11 & 12 100 Fly	38
39	8 & U 50 Back	40
41	10 & U 50 Back	42
43	11 & 12 50 Back	44
45	8 & U 25 Breast	46
47	10 & U 50 Breast	48
49	11 & 12 50 Breast	50
51	8 & U 25 Free	52
53	10 & U 100 Free	54
55	11 & 12 100 Free	56
57	10 & U 200 Medley Relay	58
59	11 & 12 200 Medley Relay	60

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Sunday Morning – Session 3

Girls	EVENT	Boys
65	13 & 14 500 Free	66
67	Open 500 Free	68
69	13 & 14 100 Breast	70
71	Open 100 Breast	72
73	13 & 14 50 Free	74
75	Open 50 Free	76
77	13 & 14 200 IM	78
79	Open 200 IM	80
81	13 & 14 100 Back	82
83	Open 100 Back	84
85	13 & 14 200 Fly	86
87	Open 200 Fly	88
89	13 & 14 400 Free Relay	90
91	Open 400 Free Relay	92

Sunday Afternoon – Session 4

Girls	EVENT	Boys
93	10 & U 200 Free	94
95	11 & 12 200 Free	96
97	8 & U 25 Back	98
99	10 & U 100 Back	100
101	11 & 12 100 Back	102
103	8 & U 50 Free	104
105	10 & U 50 Free	106
107	11 & 12 50 Free	108
109	8 & U 25 Fly	110
111	10 & U 50 Fly	112
113	11 & 12 50 Fly	114
115	8 & U 25 Breast	116
117	10 & U 100 Breast	118
119	11 & 12 100 Breast	120
121	10 & U 200 Free Relay	122
123	11 & 12 200 Free Relay	124

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Sanction # ILS09-0106

ENTRY CHAIRPERSON: Amy Kurth, 5834 Tate Rd, Rockford, IL 61101 (815) 988-6399

Summary of Fees:

8 & Under Girls Number of Entries _____ @ \$3.00 each = \$ _____
 Boys Number of Entries _____ @ \$3.00 each = \$ _____

9 & 10 Girls Number of Entries _____ @ \$3.00 each = \$ _____
 Boys Number of Entries _____ @ \$3.00 each = \$ _____

11 & 12 Girls Number of Entries _____ @ \$3.00 each = \$ _____
 Boys Number of Entries _____ @ \$3.00 each = \$ _____

13 & 14 Girls Number of Entries _____ @ \$3.00 each = \$ _____
 Boys Number of Entries _____ @ \$3.00 each = \$ _____

Senior Girls Number of Entries _____ @ \$3.00 each = \$ _____
 Boys Number of Entries _____ @ \$3.00 each = \$ _____

Total Number of Relays Entered in the Meet _____ @ \$7.00 each = \$ _____

Total Number of Swimmers Attending Meet _____ @ \$1.00 each = \$ _____

Grand Total = \$ _____

Please make all checks payable to: **Byron Park District**

Name of Club _____ Club Initials _____

Names of coaches attending Meet _____

Mailing Address: Name _____
 Address _____
 City, State, Zip _____
 Home Phone _____ Work Phone _____
 e-mail address _____

In consideration of acceptance of this entry I, intending to be legally bound; hereby co-sign, waive and release all rights and claims for damages which may accrue against U. S. Swimming, Inc.; Illinois Swimming Inc.; Byron Tiger Sharks, Byron Park District, Byron School District #226, their representatives, employees or successors for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

I attest that all athletes included in this entry and participating in this sanctioned/ approved event are duly registered ascurrent athlete members of USA Swimming.

Signature _____ Date _____

* This signed release must accompany the entry, or the entry will not be accepted.